

CHAPLAINS OF ONTARIO

October 2021 Issue #17



CSCO Fall Newsletter

Happy Thanksgiving everyone!

We give thanks to God for the many blessings we've received. And we have received so many (overwhelming at times, really).

Looks like the COVID-19 pandemic, protocols and safety measures, and everything else, is here to stay. Keep us strong, Lord.

Let's continue being kind to ourselves, to our families, to our students and fellow staff members. Be kind. And enjoy a wonderful Thanksgiving holiday with family and friends!

For our members who are suffering ailments of any kind, know that our thoughts and prayers are with you. Lord Jesus, heal our brothers and sisters who are suffering in body, mind and spirit.

Thank you to our contributing writers for this Newsletter (Issue #17): Shawn Panio, Genevieve Anderson, Mary Lozowsky, Andrew Hall, Don Hall, Mary Defayette and Adriana Rerecich.

Lorenzo Campanelli CSCO Vice President Chaplaincy Leader of Holy Trinity C.S.S.

2021-2022

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THEY'RE BACK! WOOHOO!

It's been great to have students back in the building - even if it means that I am busier than ever. Here is something that I did for our community on September 22nd (a little different than my usual photos).

Mary Defayette, Chaplaincy Leader. Immaculata High School, Ottawa.

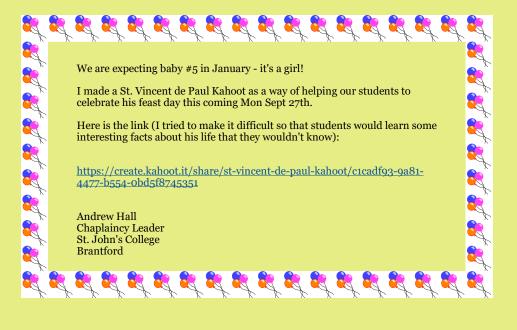




Photo Credit: D.Pereira, Chaplaincy Leader at St.Joseph CSS

Sign at Loyola House, Guelph and Mom walking the labyrinth at the Anishinabe Spiritual Center.





ST.STEPHEN CSS IN FULL SWING!

We are back in full swing at St Stephen CSS here in Bowmanville. We are soooooo thankful that we are back in person. You can see and feel the excitement in the staff and students alike. And the "welcome back" has been phenomenal.

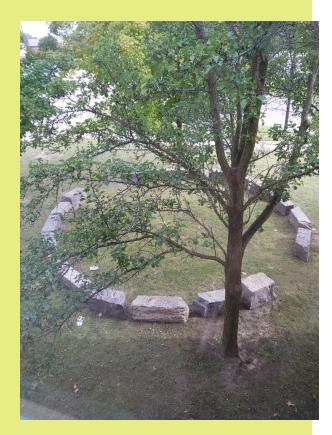
I started the school year off blessing our school and the classrooms, and it is so wonderful to offer the weekly Friday staff liturgy and weekly virtual liturgy for the classrooms and students. I am also in full swing offering the teachers and their classes various forms of meditation, class-room support and doing a teaching mass for each grade 9 religion class. It is really funny to see their faces when I put on my vestments .

One new thing to our school is our Native Prayer Circle. We have the stones and soon it will be complete with a lattice backdrop and cross. We are also having the elders come and do a ceremony to bless it and bring it to spiritual life.

So in thanksgiving I offer this prayer, Let us give glory to the Father Through the Son In the Holy Spirit, For God has made us His people, His Church, And calls us to sing His praises. We praise You and give You glory, For all the wonderful things You do for us; For life and health, for friends and family, For our education and learning, for this splendid day and every day this year. For all that we have and all that we are. We thank You for everything. Thank You God. Amen+

Take care and God bless,

Dcn Shawn Panio Chaplain Leader St Stephen Catholic Secondary School



UP CLOSE AND PERSONAL CSCO MEMBER SPOTLIGHT

A diamond is just a piece of charcoal that has handled stress exceptionally well. (not too sure who wrote this but i like it!)

In this newsletter, we shine the spotlight on past members of the CSCO Executive

First up is **Genevieve Anderson**, who became a school chaplain in September 1997, when she was hired by the Waterloo CDSB to be the chaplain at Grade 8 Residential Retreat Program, Waterloo Region, YMCA Paradise Lake and Ancaster (Mount Mary Immaculate).

Some things to know about Genevieve:

How many years have you been involved in school chaplaincy?

24 including a one-year sabbatical at L'Arche Cape Breton/Sisters of St. Joseph of Toronto Faith Connections

Favourite food?

Well known as a gourmet, and have eaten well all over the world. Favourite delicious memory: Anthony Bourdain's Les Halles cassoulet; and our wedding dinner at Splendido in Toronto. I'm also obsessed with Japanese food.

Favourite movie? Say Anything

What do you love most about school chaplaincy? Students crowded into my office feeling mutual joy and belonging.

What is your favourite memory of school chaplaincy?

I was part of 3 CSCO conference planning teams. CSCO conference 2003 in particular is memorable as the committee included the late great Suzanne Aucoin, and all of us were alumnae from Holy Cross in St. Catharines (circa 1984-1989) -- we invited our Chaplain Fr. Denis Warburton and had a mini reunion and even dressed up in our old Holy Cross green kilts and sweaters, marveling they they still fit 14 years later!!!!

What is a unique thing about you that you would love other people to know?

If you're reading this, I would love to get to know you better and connect at a deeper level!



What was your favourite trip/vacation?

I tagged along with Dave McNorgan and his St. Benedict's Cambridge students in April 2001 to the Catholic Worker in Washington DC where we protested right outside the Pentagon and the White House, and were awed by the cherry blossoms and radical peace-focused home-schooling parents. More recently, three 11-day student trips to Nicaragua (2013-2015) for solidarity and service with Casa Pueblito and their partners.

What is the most important thing for you on your goal/bucket list? To become a mystic (and effective non-dualistic bridge-builder). No biggie.

Have you ever met a celebrity?

I once "accosted" Peter Garrett outside our hotel in Jabiru, Northern Territory, Australia to discuss how to bridge the uranium mining protest and the uranium mine leadership (e.g. my Dad) points of view. He was gracious. (1997)

What would you like to tell others about your family?

My spouse Menon Dwarka is amazing. I have learned so much about art and music and culture because of his huge presence in the world.

What is your background?

I have South Asian, Chinese, British and Portugese heritage via colonialism and migration in India. Born in Montreal and still love my hometown! Do you mean education? Ha. I started in Drama and ended up in Psychology, Religious Studies and Theology. :)

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Next up is **Mary Lozowsky**, who became a school chaplain in September 2002, when she was hired by the Halton CDSB to be the chaplain at Christ the King in Georgetown

Some things to know about Mary:

How many years have you been involved in school chaplaincy?

19 or 20 years, depending on how you count. I did an LTO in Dufferin Peel Sept -Dec 2001.

Favourite food?

Indian food (vegetarian)

Favourite movie?

A recent favourite is "Knives Out"

What do you love most about school chaplaincy?

Spending time with teenagers.

What is your favourite memory of school chaplaincy?

dancing and singing at CSCO conferences, watching students shine, leading retreats

What was your favourite trip/vacation?

A camping trip to Prince Edward Island with my husband.

What is the most important thing for you on your goal/bucket list?

Dave and I are planning a camping trip to Dawson City after I retire.

Have you ever met a celebrity?

Yes, I sold a movie ticket to Anthony Hopkins. I didn't recognize him.

What is a unique thing about you that you would love other people to know?

I'm very good at Sudoku.

What would you like to tell others about your family?

My children are delightfully irreverent and funny and highly principled. My husband makes life an adventure every day.

What is your background?

Educational, I have an MDiv and STM. Ethnicity Irish and English.



Next up is **Adriana Rerecich**, who became a school chaplain in September 2002, when she was hired by Halton CDSB to be the chaplain at Holy Trinity CSS, Oakville, ON.

Some things to know about Adriana:

How many years have you been involved in school chaplaincy?

20 years

Favourite food?

my homemade lasagna among other things! *Favourite movie?*

Oh, there are so many...Moneyball for now.

What do you love most about school chaplaincy?

The energy of the students and staff, and every day is different.

What is your favourite memory of school chaplaincy?

Those times when a student leaves my office and they are able to stand a little taller, and breathe a little deeper, and face life with a bit more courage

What was your favourite trip/vacation?

Scotland. Almost stayed there forever. Still might. ;)

What is the most important thing for you on your goal/bucket list?

Write my book.

Have you ever met a celebrity?

Does Michael Higgins count? I think I scared Corey Hart. :D

What is a unique thing about you that you would love other people to know?

I never spoke English at home before I started school. I still trip over the English language and get confused on how to say things.

What would you like to tell others about your family?

It was dysfunctional and imperfect. And that's ok.

What is your background?

I'm Canadian, parents are Italian & Croatian.



Next up is **Loriann Pacenti**, who became a school chaplain in January 1995, when she was hired by Brant Haldimand CDSB to be the chaplaincy leader at St. John's College, Brantford

Some things to know about Loriann:

How many years have you been involved in school chaplaincy?

26 years

Favourite food?

Gnocchi

Favourite movie?

So many from Jumpin' Jack Flash to Dead Man Walking

What do you love most about school chaplaincy?

Journeying with others, building community, working with students and staff in seeking justice, having fun!

What is your favourite memory of school chaplaincy?

Establishing meaningful Remembrance Day traditions as an outcome of working with War vets prior to Chaplaincy.

What was your favourite trip/vacation?

Europe with the students.

What is the most important thing for you on your goal/bucket list?

Joy and Travelling.

Have you ever met a celebrity?

Yes a few - Walter Gretzky, Bruce Cockburn, Hockey Night in Canada Team and all those brilliant and good theologians.

What is a unique thing about you that you would love other people to know?

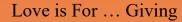
I love beauty.

What would you like to tell others about your family?

They are a devoted and wonderfully nutty loving bunch.

What is your background?

Canadian born with an Irish and Italian heritage.



Nothing is sweeter than love; nothing stronger, nothing higher, nothing more generous, nothing more pleasant, nothing fuller or better in heaven or earth: for love proceeds from God, and cannot rest but in God, above all things created. ~ St. Therese of Lisieux

In sharing these insights and quotes, it is my sincere hope they will be helpful to others. How do you know if someone is a blessing or a lesson in your life? Although it is possible for people to be both a blessing and a lesson, they are usually one or the other. Are you being loved or are you being deceived? Pause and prayerfully ask God for signs to help you discern. In the end, people never abandon people they love. People abandon people they are using. Too often, we love things and use people. We do not live in a black and white world and relationships are often complicated and messy. We are an imperfect people in an imperfect world. St. Mother Teresa reminds us that "If we really want to love, we must learn how to forgive."

Are you holding onto your friends too lightly or are you holding onto them too tightly? It is a delicate balance. Is there mutual compatibility? What happens when one person holds on lightly while the other person holds on tightly? There is no common ground. If you hold on too lightly, there is not enough to hold the relationship together. On the other hand, when you hold on too tightly, there is undue tension and stress. Often these friendships are short-lived.

Be thankful and happy for the gift of friends and never take them for granted. Friendships are special gifts that need to be gently cared for, tended to and cultivated like a garden. It takes mutual commitment, genuine love, prayer, sacrifice, communication, respect, trust, authenticity, honesty, discipline, patience, creativity, humour, maturity, timing, chemistry and the grace of God for a life-giving relationship to take root, grow and bear fruit. "To love is nothing, to be loved by someone is something but to be loved by the one you love is everything." ~ Bill Russell

Genuine love is a decision of both the mind and the heart. It is not based on convenience, a passing feeling, a mood swing, the time of day or the season of the year. There is a world of difference between someone who is committed to the relationship only on certain days versus someone who is faithfully committed to the relationship every day. Are you viewed by the other as a priority or merely an option? Mark Twain wisely reminds us: "Never allow someone to be your priority" while allowing yourself to be their option." Are you being valued as a higher priority in the relationship with the passage of time? In contrast, when you are still seen as only an option in a long-term relationship, it is time to end the relationship and move on with your life. You deserve so much more. In relationships, we need to recognize that not everyone is ready to make a lifetime commitment. It is liberating when you appreciate that people are free to accept or reject the love that is being offered. There is no need to judge or to be upset with someone who chooses the latter as some are incapable to make such a commitment. As difficult and painful as this reality is to accept, choice is one of the profound mysteries of love. It is impossible to love someone if you do not love yourself. This is foundational and will determine what you accept and how you allow someone to treat you. Words are important, but too often they are cheap, dishonest and meaningless while actions are usually invaluable. Mixed signals and red flags are present for a reason and should never be ignored. When you are blindly in love, this is often difficult and almost impossible to perceive.

Balance is so vital in everything. For example, when a wheel is out of balance or if your workday is out of balance, you will soon know it and the results will take their toll. There are times when relationships are out of balance for a variety of reasons. Do both people have a voice in the decision making?

(A French and Spanish version of this submission will be posted on the CSCO website.)

Timing is also a factor that should never be underestimated. People have different needs, values, and priorities and these do not always remain the same over time. Are these predominately in sync or are they usually in conflict in the relationship? In the end, the writing is on the wall if the relationship is in a perpetual state of imbalance. Would your relationship exist if you treated your significant other the way they treat you? The answer to this question tells you everything you need to know, or possibly already feel in your heart.

There is much to be said about the importance of moderation. At no time can love ever er be rushed or forced. A relationship that heats up too fast usually ends just as quickly. Never beg to remain in a relationship. No matter who you are, what you said or what you did would not have made a difference in a one-sided relationship. If a person has pure intentions, and the other person cannot commit, both lose each other. In contrast to the confusion that is common in a lop-sided relationship, when you are genuinely loved, you will know it. Authentic love is both a human and divine gift. The proof is always in the pudding. St. Therese of Lisieux summed it up beautifully: "Love proves itself by deeds. Miss no single opportunity of making some small sacrifice, hereby a smiling look, there by a kindly word; always doing the smallest things right, and doing all for love."

It takes two mature, honest, and committed people who know what they want, and joyfully and unconditionally love each other for the relationship to grow and stand the test of time. St. Paul reminds us that "there is nothing love cannot face; there is no limit to its faith, its hope, and its endurance." When you are mutually blessed with a loving friendship and relationship, do not ever let the sun set on your spats and disagreements. In the profound words of St. Francis of Assisi: "Love lightens all difficulties and sweetens all bitterness."





Know and believe that you are always enough. When this is not mutually acknowledged and affirmed, the relationship is over. Although this is much easier said than done, do not give in to the temptation to ponder the million and one unanswered questions why the relationship ended because nothing will ever have made a difference. You will waste your precious time and only add to the disappointment.

You will always be more than enough for someone who is right for you and never enough for someone who isn't. If you have done everything possible for the relationship to grow and it falls apart, be at peace and trust that God is calling you elsewhere. Providentially, some relationships are blocked for reasons that we may never fully understand on this side of eternity. It is okay to not have all the answers and to not have complete closure. Let go ... let God and move on as you cannot live in the past. WON-DERFUL blessings that you could never imagine await you in the future. When God answers our prayers, we are being directed. When our prayers are not answered, we are being protected. Trust that "there are more tears shed over answered prayers than over unanswered prayers. When we accept what happens to us and make the best of it, we are praising God." ~ St. Teresa of Avila

What is the one thing that people wish they could do if they had one more chance at life? Would we love more deeply God, others and ourselves in thought, word and deed? St. Augustine of

Hippo succinctly describes what is the essence of love. "What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like."

True love begins when nothing is looked for in return. ~ St. Therese of Lisieux

Written by Don E. Hall who serves as the Chaplain at St. Mary Catholic Secondary School in Hamilton, Ontario. He and his wife, Maureen look forward to celebrating their 36th wedding anniversary! They are blessed with 2 children and 4 grandchildren.



Erin Zunic is the daughter of Brian and Mary-Lou Halferty.







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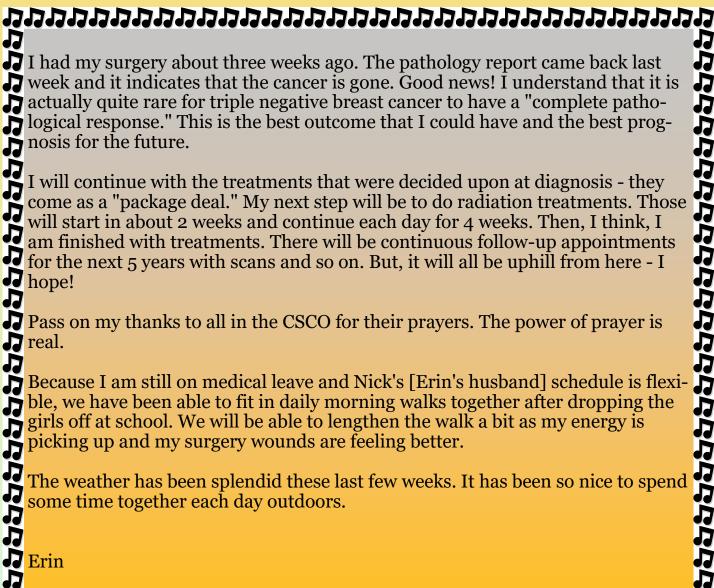
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Hello CSCO,

I hope this note finds all of you well. I have been asked to share a little bit about my new adventures so here's the scoop. In mid-July, I accepted a job at St. Mary's University (STMU) in Calgary, Alberta as Director of Campus Ministry. This meant big changes for myself, and my Mom who lives with me, as we only had a couple of weeks to pack up our home and move across the country.

We took six days to travel, stopping for a quick parking lot visit with Dean Woodback in Kenora and making a little detour to Saskatoon for a concert. We arrived safely in Calgary, our new home, the first week of August. We live downtown and we love it. Although I've visited Calgary many times, living in a place is a different experience and I have had a lot of fun exploring. In many ways, this move is like coming home for me as the West is my original home and where my roots are.

The St. Mary's University community has been incredibly welcoming. I am enjoying getting to know the staff, faculty and students. There are definitely some differences between high school and university, but overall I think this is a good fit for me and I pray that I am a good fit for the STMU community.

Obviously, I miss my former community, my friends, and my CSCO family, but covid has taught us how easy it is to stay connected. I am still available to offer support to the executive team as past president and I am only an email, text or zoom call away.

Thanks for all of your support over the last (almost) two decades. It was certainly appreciated and not overlooked. It has been a pleasure to work with you. Be assured of my prayers for all of you and the communities that you serve. Chaplaincy is such an important role and I know that good things are happening throughout the province of Ontario. If you ever find yourself in the Calgary area, you are always welcome to reach out.

Peace,

Jolene

Jolene Smith CSCO Past President

St. Mary University (Calgary)

IT SOUNDED AWESOME!!!

As another school with Covid-19 begins, I have attempted to connect with our grade nine classes here at St. John's College in Brantford, by leading them on a spiritual tour of the school. The tour not only allows our grade nine students to learn about the faith that surrounds us but also allows them to learn their way around the school. Our final stop on the tour is in our rosary garden, where we pray a Hail Mary together. We also have a Divine Mercy Prayer group that meets in the rosary garden every Wednesday at lunch to pray the Chaplet of Divine Mercy. One simple way I have also tried to connect with our grade nines, is by inviting them to help unload our St. Vincent de Paul donation bin.

I have also attempted to connect with other grades in safe and socially distanced ways such as helping to set up our liturgical display in the front entrance way. I have also started up Junior and Senior Worship Band again after not being active due to Covid since February 2020. The Senior Worship Band had their first practice this week and filmed a song for our Opening Liturgy of the Word. It sounded AWESOME!!!

Andrew Hall, Chaplaincy Leader, St. John's College, Brantford



TREASURY OF PRAYERS

Hi Chaplaincy Leaders,

Please consider sending me a prayer (s) you like to use for any occasion: Beginning of the School Year, Advent, Christmas, Lent, Easter, Ordinary Time, Graduation, End of the School Year, Bereavement, Crisis, Tragedy, Discernment, Friendship, Celebration, Meetings, etc. The prayer may be a personal or a contemporary or a traditional one. It could be a Saint's prayer or one that you've composed.

The prayers that you send me, I'll organize for the CSCO website (with the Communication Coordinator's help, of course).

This new section could be used by chaplains or anyone else who is looking for a prayer for a particular purpose or event.

The prayer may be short or long.

Please send me the text of the prayer and as always, if you like, please add a photo or image, to go along with it. WE'RE GOOD AT PRAYING AND COMING UP WITH

PRAYERS.

Send to csco.vp@gmail.com.

Lorenzo Campanelli Chaplaincy Leader, Holy Trinity CSS

Hello fellow CSCO members,

I hope you are well and taking good care of yourselves during this difficult time for ourselves and our communities. The conference committee is excited to share our first promo video for next year's conference.

Youtube Link: http//www.youtube.com/watch? y=6HqR1p5zeeY

Stay safe! Peace, Leah

Leah Daly Chaplaincy Leader <mark>St. Mother</mark> Teresa High School

Social Media Rebranding

For those of you who follow us on social media, and if you don't already you really should, we have renamed our accounts so they all align. As of today our social media handles are:

> Twitter: @csco_social Facebook: @csco.social Instagram: Launching soon!



Photo Credit: F. Pereira Stained Glass at Anishinabe Spiritual Center, Espanola

Ontario

We have begun accumulating Indigenous Education resources within the MemberZone of CSCO.ca

If you have any resources to add to our collection, please send them to

csco.communications@gmail.com.

Faith- and joy-filled Autumn to all of you! Give thanks and praise to the Lord!

Next Issue: Christmas Newsletter in December

Please consider submitting any news, prayers, poems, songs, art work, stories, reflections, or insights by December 1st.

Send it to Lorenzo at <u>csco.vp@gmail.com</u>. Include a photo or image.